# COVID-19 PANDEMIC

# Impacts on pregnancy & postpartum

Results from a 2021 survey of women who were pregnant and gave birth during the pandemic show that quality of life for all new moms took a hit over the past 18 months as a result of COVID-19, but mothers with Medicaid appear to have been more negatively impacted.

# PANDEMIC-RELATED LOSS OF INCOME

72% medicaid 38% private insurance

**45%** opted not to return to the workforce after their maternity leaves were over to avoid exposure and take care of children at home

## PRENATAL OFFICE VISITS

29% of mothers were unable to attend all of their prenatal visits in person due to COVID-19 restrictions

of mothers were unable to have their partner or a support person by their side when attending in person visits





While new moms are spending a lot more time at home with their baby, they are also avoiding activities that are key to maintaining good mental health...

### **VACCINATION**

The COVID-19 vaccine was not yet available when all of the respondents were pregnant or breastfeeding, those who were offered the vaccine responded...

28% opted to receive the vaccine while breastfeeding —

opted not get the vaccine at all while pregnant or breastfeeding

2/3 OB/GYNs or primary care providers

never discussed the vaccine with mothers in both groups (63%)

The third party-administered survey polled 1,083 women living in the United States with children between the ages 0-1. Half the women surveyed are on Medicaid (n=540) and the other half have commercial health insurance (n=543).

